

# Santa Fe Soul

F O U N D A T I O N



*Changing the face of healthcare in New Mexico*

## Harmonics for Health

In this 3-class experiential workshop, participants will experience “Do It Yourself” energy balancing utilizing harmonics, biofeedback software & pitch pipes. Participants will learn about and experience the following:

- Harmonics and the applications of these sounds as they relate to your physical and emotional health
- The power of Harmonics and the effects of these sounds on the aura using aura imaging software and camera
- Biofeedback techniques for evaluating the state of your health and balancing your sound matrix, using BioAcoustic software, Spontaneous Otoacoustic Emissions and Crystals
- Creating harmonics using your voice, your lips, and a pitch pipe
- Use of the BioAcoustic NanoVoice Software to record your voice
- Use of the NanoVoice Vocal Pattern Note Graph to identify the weakest note
- Use of harmonics to re-energize that note and its emotional and physical correlations
- Taking another NanoVoice recording and seeing the results
- Dowse for energetic weaknesses using crystals and energize using harmonics
- Scanning a body with your voice to find weaknesses and energize with harmonics

Deadline  
to Register:  
**JULY 23**



**Kathleen Nagy** graduated Magna Cum Laude from Ithaca College School of Music with a double degree- Bachelor of Music in Music Education and Performance. She did her graduate work at Yale University. Ms. Nagy has taught instrumental and vocal music in both public and private schools, from elementary through adult education. For the past 16 years Ms. Nagy has been a BioAcoustic Research Associate. Kathleen was a member of the Board of Directors for Sound Health International of Ohio (2005-2009) and has worked closely with Sharry Edwards, founder of Human BioAcoustics. She specializes in Voice Energy Analysis and Acoustic Biofeedback and sports/muscle injuries. She became a certified (ISSA) Personal Fitness Professional in 2009.

**August 5, 12 & 19 from 4–6 pm**      **Santa Fe Soul SunRoom– 2905 Rodeo Park Drive East Bldg 3**  
**Registration Fee: \$30 + \$25 for PitchPipe (some scholarships available)**

Call **(505) 986-1089** or email **info@thesoundlady.com** to register for the workshop